News from ATL Pain Institute

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THERAPY: LIGHT

Innovative Treatment for Diabetic Nerve Pain

Pain Lews

Near Infrared Light Therapy: feel what you've been missing Exploring NIR light therapy for diabetic and chemotherapy-induced peripheral neuropathy.

Pain is an unpleasant sensation that produces whole body discomfort. It causes unnecessary stress, anxiety, and depression, which can affect how we interact with our family and friends. At the ATL Pain Institute, we understand pain is a burden that interferes our patients' lives; therefore, we have made it our mission to help people with diabetic or chemotherapy-induced peripheral neuropathy find relief. Our clinically proven near infrared light therapy allows patients to experience significant pain relief from their symptoms. Before diving into the benefits of this unique treatment option, we will first explore what peripheral neuropathy is and how it may affect people with diabetes or cancer.

What Is Peripheral Neuropathy?

Peripheral neuropathy is a chronic condition caused by damage to the peripheral nerves. Patients with this condition may experience weakness, numbness, tingling, and pain in the hand and feet. Peripheral neuropathy can develop in people with diabetes, vitamin deficiencies, infections, autoimmune diseases, cancer (from chemotherapy), and kidney, liver, or thyroid disorders. Lifestyle factors such as alcoholism, exposure to toxic substances, and trauma to the nerves can also cause this condition.

How Is Peripheral Neuropathy Treated?

Currently, there is no cure for peripheral neuropathy, but we have a very effective & proven treatment to cut your pain in half. Treatment varies depending on the provider and the patient's condition and symptoms.

Call 770.285.7246 to receive our most recent research paper.



From the Patients



"My legs have been feeling great! I can finally sleep comfortably at night. I came a long way for treatment, but it was definitely worth it! -Pam



"I came here with what I call 'diabetic feet' – they tingled, they burned, and they hurt. I came to the ATL Pain Institute for treatment, and I am happy with the results. I am going to continue my education and therapy with ATL Pain Institute!"





"I've gotten a lot more sensation back in my feet and it feels like my feet are almost completely normal. My wife is even more amazed than I am, so it's pretty exciting. I'm looking forward to continuing my treatment!"

What Is NIR Light Therapy?

Near infrared (NIR) light therapy is a groundbreaking treatment option for patients with diabetic and chemotherapy-induced peripheral neuropathy. In an observational study conducted by the ATL Pain Institute, many patients experienced relief from their symptoms in as little as 5 weeks.*

Patients also collectively saw a 30-40% improvement in their neuropathy symptoms after using the device on their lower extremities.* The experts at the ATL Pain Institute use a low-level light therapy (LLLT) that provides gentle, yet powerful light to increase blood flow to areas of the body with poor circulation.

Some patients who've received NIR light therapy at the ATL Pain Institute have experienced pain relief; decreased tension, inflammation, and swelling in the affected areas; increased range of motion, lymphatic drainage, venous dilation, and blood flow; fewer muscle spasms and reduced tightness in their symptomatic lower extremities.

A local female doctor with Stage

IV breast cancer recently completed our program. During her chemotherapy treatment, she developed chemotherapy-induced peripheral neuropathy that was so severe, she thought about stopping chemotherapy. The team at ATL Pain Institute provided her with home units of our near infrared light therapy equipment. After using the device twice a day for two months, here is what she said:

"I am doing so well!!!! I am seeing 10 patients today!!! 10!!! Something I wouldn't have been able to do if my hands and feet weren't almost perfect!"

For more information on how this therapy may be able to help you, contact the physicians at the ATL Pain Institute by calling 770.285.7246 today!

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ATL Pain Institute is a leading pain management facility dedicated to providing patients with compassionate, holistic care. Dr: Matthew DiDuro and his team offer highly advanced treatment options to effectively combat pain, restore function, and improve his patients' quality of life. Whether you suffer from neuropathy or arthritis, Dr. DiDuro and his team can help!



IF YOU EXPERIENCE ANY OF THESE SYMPTOMS, PLEASE JOIN US FOR A LUNCH AND LEARN HOW WE CAN HELP!

-BURNING, TINGLING OR SHARP PAIN	-DIFFICULTY WITH BALANCE
-CHRONIC PAIN	-NUMBNESS
-CRAMPING	-RESTLESS LEGS
-CARPAL TUNNEL	-SCIATICA



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